



Confidentiality Agreement

*Janell Rardon, MA, Board Certified Life Coach & Trauma-informed Therapist
Certified Practitioner Aroma Freedom Technique (AFT)
Enneagram Specialist*

Confidentiality is of uttermost importance in the counseling process. Your identity and information will be kept confidential. It is my earnest desire to help you through this stormy season of life and in doing so, will be asking many questions, listening to your heart, learning your story, and offering specific, strategic tools that will assist your “next steps” in healing and wholeness.

This counseling requires complete honesty. Nothing can change without this one truth. If I feel you are a threat to yourself or others (suicidal or homicidal), I may have to report these statements to your family and/or other appropriate mental health or law enforcement professionals.

Signature(s)

_____ Date: _____

_____ Date: _____

_____ Date: _____