



Podcast Guest: Erica Wiggenhorn, Founder of Every Life Ministries

Byline: Making Evident the Power of Scripture to Transform Lives

***Note:** I have a free 3 eBook bundle they can also get when accessing my website: ericawiggenhorn.com. It's entitled the *Busy Woman's Guide to Connecting with God*

Podcast Theme: Becoming Stronger Every Day Through *the Unexplainable*

Opening of Podcast:

Introduce Erica



Unexplainable (adj.): incapable of being explained.

Explained: to make known; to make plain or understandable; to give the reason or cause of; to show the logical development or relationship of.

Logical: capable of reasoning or using reason in an orderly cogent [convincing] fashion.

Erica Wiggenhorn writes Bible studies and teaches biblical principles for life change. She's passionate about God's Word and its ability to transform us personally, along with our relationships. Her latest release by Moody Publishers: [*Unexplainable Jesus: Rediscovering the God You Thought You Knew*](#), released in 2019 and looks in-depth at the book of Luke.

Erica's next book, *Letting God Be Enough: Why Striving Keeps You Stuck and How Surrender Sets You Free*, launches Fall 2021 and is available for pre-order on amazon.com. We will have

her back to talk all about that book, but for today, Erica and I will be opening a conversation on “Becoming Stronger Through the Unexplainable.”

Erica has volunteered as a teacher for Alongside Ministries, a group working with the incarcerated community learning to walk with Christ after release from prison. She has also worked as a children’s ministry director, and as an elementary teacher. Before this, she graduated from Azusa Pacific University with a double major in Political Science and Business Administration. She also earned an M.A. in Language Acquisition and Development.

Erica lives in Phoenix with her husband, Jonathan, and children, Eliana and Nathan. They attend Desert Springs Community Church, where Erica volunteers with the Charis Women’s Ministry, teaching and serving on its leadership team. Of all the ways Erica spends her time, her most important work is that of wife and mom! Contact a member of *Every Life Ministries* team about connecting with Erica at ContactEveryLifeMinistries@gmail.com

Book(s):



Possible Questions.

1. Erica, I love the placement of “Unexplainable” in the title of your three-part Bible Study series by Moody Publishers. Why did you choose that word?
2. *If ever that word, unexplainable, was relevant, it is NOW. Our world is now in a global pandemic. In light of all this, how did your research, study, and writing of the “Unexplainable” series prepare you for 2020, and now 2021?
3. In Session 2 of the Study Guide for “Unexplainable Jesus,” which focuses on the passage Luke 1:39-56, you write, “
 - Elizabeth in her seclusion.
Mary in her isolation.
God in their beautiful intersection.
One older and full of wisdom.
One younger and full of wonder.
Knit together in their individual stories to equip each other for their part to play in God’s grander story of grace...

You ask, “Who is your Elisabeth?” and “Who is your Mary?”
I love this so much because **we are not islands.**

— Who is your Elizabeth?

Help a wounded woman recapture the wonder of our great God who does mighty things for His people!

“ *“For He who is mighty has done great things for me, and holy is His name. And His mercy is for those who fear Him...”* **Luke 1:49**

— Who is your Mary?

Share your wisdom with the woman who is wondering what all of her circumstances mean. Remind her to have faith- to believe in the Word of the LORD.

“ *“Blessed is she who believed that there would be a fulfillment of what was spoken to her from the LORD.* **Luke 1:45**

The world needs more “Elizabeths” willing to share their wisdom.

The world needs more “Marys” walking in wonder at the goodness and mystery of God.

We need each other—especially in times of “the unexplainable.” I had never thought of this passage “in this light,” until reading your thoughts. Both women were in an “unexplainable” circumstance.

There is so much research and study proving that in order for my brain to be fully integrated, I need YOUR brain.

**MY MIND +
YOUR MIND=
OUR MIND.**

**WHY WE ARE HERE:
TO HAVE THE MIND OF CHRIST
IN ORDER TO LIVE IN THE
SPIRIT OF UNITY AND ADVANCE
THE KINGDOM OF GOD.
ME + YOU = WE, #WETOO**

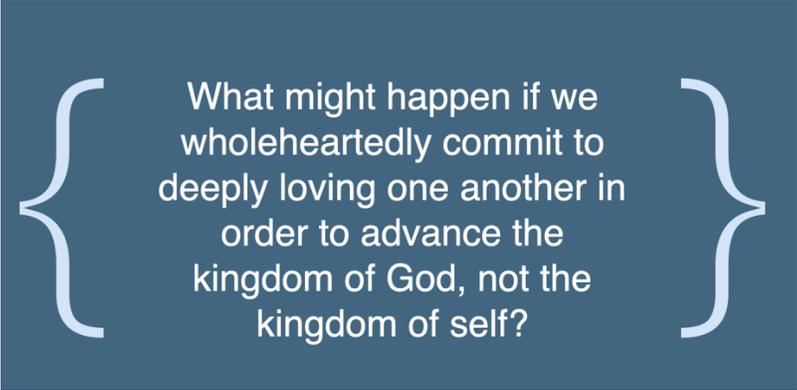
In order for my mind, the prefrontal cortex, to do its job of bringing together all those particular parts of my brain, my brain has to be integrated with your brain. In order for my brain to be integrated, it HAS TO BE INTEGRATED in the whole connection of being with other people.
- Dr. Curt Thompson,
The Anatomy of a Soul

“The **vital friendships**—the pals you hug and laugh and lament with—are the ones who have the greatest impact on your health and happiness. You need between three and five of them for optimal wellbeing.”

-Dr. Robin Dunbar, leading psychologist

In recent years, Dunbar has taken his idea further by taking into account the emotional closeness between individuals. This has led him to the idea of Dunbar layers: that an individual's group of 150 contacts is layered according to the strength of emotional ties.

Individuals, he says, generally have up to five people in the closest layer. The next closest layer contains an additional 10, the one beyond that an extra 35, and the final group another 100. So cumulatively, the layers contain five, 15, 50, and 150 people.



What might happen if we
wholeheartedly commit to
deeply loving one another in
order to advance the
kingdom of God, not the
kingdom of self?

Three thoughts here:

- Do you have other insights to share with us about their relationship? What did you glean and learn while studying and writing about them?
- How do you think “social media” has affected, or perhaps influenced, our capacity to develop authentic relationships like that between Elisabeth and Mary?
- My thought, “When I am in an unexplainable situation, I need a real friend, not “likes” or “followers” or such.
- Who is your Elisabeth? Who is your Mary?

Possible Closure.

I was thinking that perhaps we could segway here into your new book’s content, especially the thought, “Letting God Be Enough.”

I have a sense that women really need to hear this right now...thoughts?